

Endoscopy Preparation Instructions

****READ ALL INSTRUCTIONS CAREFULLY****

PLEASE RESCHEDULE THIS PROCEDURE IF YOU THINK YOU MAY BE PREGNANT

WE **STRONGLY RECOMMEND** THAT YOU HAVE AN ESCORT ACCOMPANY YOU FOLLOWING THE PROCEDURE. **IF YOU ARE 65 YEARS OR OLDER, YOU MUST HAVE AN ESCORT PICK YOU UP IN ORDER TO HAVE THE PROCEDURE PERFORMED WITH SEDATION. NO EXCEPTIONS.**

You will not be able to drive for 12 hours following the procedure.

STOP TAKING ASPRIN, VITAMIN E, AND BLOOD THINNERS THREE TO SEVEN DAYS PRIOR TO PROCEDURE

- If you are taking medications such as aspirin, aspirin equivalents (Advil, Nuprin, Ibuprofen, Aleve, or other Non-Steroidal Anti-Inflammatory Drugs (NSAID's)), Vitamin E, or blood thinners (Coumadin, Persantine, Ticlid, Heparin, Plavix, Lovenox, Aggrenox) please discontinue this medication 3 – 7 days prior to procedure.
- If you had a cardiac stent placed, you should not discontinue aspirin and Plavix without first reviewing this with your Cardiologist.
- If you are taking Coumadin because of a cardiac condition or stroke prevention, you should not discontinue Coumadin without first discussing this with your Cardiologist and or Internist.
- If you have Diabetes and take any oral medication or insulin to control your diabetes, please discuss with your Diabetes doctor how to adjust your medication for the day of the procedure.
- If you are taking any other medications that may need to be adjusted for the procedure, please discuss this with your primary care provider prior to the procedure.

CALL THE OFFICE 3 DAYS PROIR TO YOUR PROCEDURE TO CONFIRM

Cancellations with less than 3 business days notice, or failing to show up for a scheduled procedure, will result in a charge of \$250.

DAY BEFORE PROCEDURE

You may have regular meals the day before the procedure. After midnight and up until 8 hours prior to the procedure, you may not have anything to eat or drink.

STOP ALL LIQUIDS 6 HOURS BEFORE PROCEDURE

WE **STRONGLY RECOMMEND** THAT YOU HAVE AN ESCORT ACCOMPANY YOU FOLLOWING THE PROCEDURE. **IF YOU ARE 65 YEARS OR OLDER , YOU MUST HAVE AN ESCORT PRESENT FOR RELEASE. NO EXCEPTIONS.**

You will not be able to drive for 12 hours following the procedure.

ARRIVE AT THE OFFICE 15 MINUTES PRIOR TO YOUR PROCEDURE

ADDITIONAL QUESTIONS

Please call our office at **212-726-7407**